

# Trekking.Sa(ile

## From Caneva to Polcenigo

### Discovering the Palù of the Livenza, UNESCO World Heritage Site, following the Walk of San Cristoforo

In the wet and marshy area that extends between the municipalities of Caneva and Polcenigo there is the lake-dwelling site "Palù of Livenza", one of the oldest lake-dwelling sites in northern Italy, populated since the ancient Paleolithic (4900 BC ca.) and currently inscribed on the UNESCO World Heritage List.

#### Itinerary

This route starts from the castle of Caneva, with its historical and panoramic references, sometimes follows the "Walk of San Cristoforo", crosses the village of Sarone and reaches the hill of San Martin to arrive then at the road that leads to Polcenigo, crossing the archaeological area of the Palù and reaching the sources of the Livenza in the locality of Santissima, suggestive place where the water flows suddenly from the mountain and immediately becomes river.

- 1) We leave the car in the small car park beneath the Castle of Caneva and it is worth walking up to the Castle from where we can enjoy a good view of the plain.
- 2) We walk down again the narrow dirt road to a crossroads near the B&B "Pisoler".
- 3) We turn to the left and walk on along a partially dirt road for about 700 m, arriving at a crossroads in front of a brownish building.
- 4) We turn to the left on a dirt road getting into the wood for about 600 m, arriving at the shelter of a former bus stop.
- 5) We walk on to the left along a narrow-paved road uphill and after a crossroads we keep the right and immediately on the right there is a path that goes into the wood.
- 6) Following the road signs, we arrive at a capital where the village of Sarone begins.
- 7) We walk up to the square and leaving the Church on the left we walk on for 3-400 metres along the pavement until we find on the right side the diversion for Hill San Martino.
- 8) A narrow-paved road bordered with olive trees (see on the right side of the road some nets to catch birds) leads us towards the top of the hill to the crossroads where, turning to the right, we go on walking up to the church, while turning to the left our walk on dirt road goes on.
- 9) After 300 m, at a first crossroads we follow the road to the left always remaining on the route downhill.
- 10) We arrive at a narrow-paved road and follow the sign of San Cristoforo turning to the right, overcoming a small built-up area and continuing to go down.
- 11) At 50-100 metres from the last house on the left, between two power line poles there is a path that goes down in a zigzag into the wood arriving at a crossroads near a shed in corrugated iron.
- 12) We turn to the right onto another path and, after 2-300 metres, we arrive at a green open space walking on towards a red rural building.
- 13) Following for a few tens of metres on the narrow street the fence of the building, we find again the yellow sign of San Cristoforo turning then onto the path on the right.
- 14) After 3-400 metres we find the Pedemontana and get onto a disused stretch of road that leads after 2-300 m to Longone Street, a paved road.
- 15) We follow the road for two Km arriving at the entrance of the archaeological area Palù well marked by visible road signs.
- 16) We follow the yellow-brown road signs "Itinerario Sorgenti Livenza" (Itinerary Sources Livenza), archaeological and naturalistic path.
- 17) The route leads to a concrete dam; after crossing it, we arrive at a field and walking on the track along the waterway, we arrive at the Church of the Santissima.
- 18) Crossing the wooden small bridge and turning to the right, we go around the sources of the Livenza coming thus back to the Church and the car park.



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## Characteristics of the route

Length: 12 km

Walking time: 2-3 hours

Interest: naturalistic, archaeological

Route: one way

Difference in altitude: 2-300 metres approximately

Pavement route: 30% asphalt, limited traffic; 60% dirt patch; 10% other

On [www.visitsacile.it](http://www.visitsacile.it) you can find all detailed information about trekking itineraries in Sacile and gps tracks.

## IAT Sacile

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## Information and Warnings

The itineraries indicated are easy to follow, they take place partly on dirt roads and, for the rest, along roads and cycle paths with as little motorized traffic as possible. It is therefore recommended, when starting the marked route, to comply with the rules contained in the Highway Code (Legislative Decree no. 285/1992 and subsequent amendments and additions) and to check any temporary limitations. For a pleasant excursion, in addition to choosing the trek according to your preferences, it is important to check the weather forecast and wear shoes suitable for dirt patches, such as light walking boots with sculpted sole, able to hold up even on muddy ground, wet grass, uphill and downhill gradients, and to adapt your clothing and visibility devices according to the route and light conditions. Any responsibility for the routes, if taken independently, is the responsibility of the individual trekker.

